

AUXILIUM COLLEGE (Autonomous) (Accredited by NAAC with A+ Grade with a CGPA of 3.55 out of 4 in the 3rd cycle) Gandhi Nagar, Vellore – 6.

5.3.3

2018-2019

SPORTS DAY REPORT

NAAC CYCLE IV SSR 2023



The Management, Principal, Staff and Students of Auxilium College (Autonomous)

Accredited by NAAC with A* Grade with a CGPA of 3.55 out of 4 in the 3rd Cyclet Vellore 6.32 006

cordially invite you to the

Annual Sports Meet on Thursday, the 30th August 2018 at 9.00 a.m.

Mr. Adhiveerapandiyan K.

Additional Deputy Superintendent of Police, Vellore will preside over and declare the Sports Meet open and distribute the prizes

AUXILIUM COLLEGE (AUTONOMOUS), VELLORE-6 ANNUAL SPORTS DAY

30.08.2018

Good Morning one and all. Honorable Chief Guest Mr. K. Adhiveerapandiyan M.Sc., Additional Deputy Superintendent of Police, Rev. Sr. Amalorpavam S. J. the Secretary, Rev. Dr. (Sr.)Regina Mary R. the Principal, Rev. Dr. (Sr.) Jaya Shanthi R. & Rev. Dr. (Sr.) Mary Sheila Susairaj, the Vice Principals of Shift-I and Shift-II, Special Invitees, Coaches of various teams, Heads of the Departments, Members of the Faculties and my dear students, it is indeed my privilege to present the report of the Sports Activities on the 63rd Annual Sports Day.

College life is considered the most challenging part in the student's life, College is where you begin to understand the real world. It serves as a training platform for a young adult. College should not revolve only on academics. I strongly believe in the benefits of sports and so keep encouraging the young adults to play sports while they are in the college life. Here are six reasons why one should play sports while she is enjoying the college life.

- 1. Time management
- 2. Fitness and well being
- 3. Academic motivation
- 4. Stress outlet
- 5. Friendship
- 6. Secure scholarship while studying and job after studies.

While playing we develop the following physical fitness components strength, endurance, flexibility, body composition, agility, balance and co-ordination.

"Run, Jump, have all the fun you want at the right time, but for heaven's sake, donot commit sin." says Don Bosco. Inspired by these words, students of Auxilium College, are trained to grow in the spirit of sportsmanship and leadership promoting discipline, selfconfidence, and cooperation and thereby demonstrating the message of "A sound mind in a sound body."

Activities of the Sports Club:

Sports club conducts weekly meetings regularly. At the first meeting, the office bearers of the sports club were elected.

Ms. Deepika V. – III B. Sc Chemistry, Shift I and Ms. Vidhya – III B.Sc. Physics, Shift II were elected as secretaries

Soon after the arrival of the I years, a 20 hours fitness program was organized. The program is meant to impart awareness about fitness and to identify the talents in various games in the individuals.

The Intramural Tournaments:

The Basket Ball Tournament was inaugurated by Dr. D. Mary Reethammal, Directress of Physical Education for Shift-I, and the Shuttle Badminton by, Dr. (Sr.) Mary Sheila Susairaj, Vice Principal Shift-II. This was followed by tournaments in Volley Ball, Foot Ball, Hockey, Cricket, Table Tennis, Shuttle Badminton, Kho-Kho, Kabaddi, Ball Badminton, Throw Ball, Hand Ball and Chess conducted separately for Shift I and Shift II. In Athletics 100Mts, 200Mts, 400Mts, 800Mts, 1500Mts, 5000Mts, 10000Mts, 4X100Mts Relay, 4X400Mts Relay, 5K.M. Walk, Long Jump, High Jump, Triple Jump, Shot Put, Discus Throw, Javelin Throw and Hammer Throw were conducted.

Intercollegiate Tournaments (2017-2018):

The players of Auxilium College participated in the Thiruvalluvar University Intercollegiate Vellore Divisional, Basket Ball, Volley Ball, Foot Ball, Hand Ball, Table Tennis, Kabaddi Ball Badminton, Shuttle Badminton, and Cricket Tournaments. We were winners in Shuttle Badminton, Basket Ball, Cricket and Ball Badminton and were Runners-up, in Foot Ball, Table Tennis and Volley Ball.

Inter Divisional Tournaments:

At the Inter Divisional Tournaments our players Secured I Place in Hockey, II Place in Chess, Shuttle Badminton, Cricket, Volley Ball, Foot Ball and III Place in Ball Badminton. In Athletics I Place in Hammer Throw and 4x400Mts relay and the Second Place in 100Mts, 400Mts, Javelin and III Place in 100Mts, 4x100Mts relay and the second in the overall championship Trophy

South Zone Inter University Tournaments:

15 students from our college represented Thiruvalluvar University and participated in the South Zone Inter University Tournaments.

Sonia Celestine A., II BA English section 'B' represented Thiruvalluvar University and participated in South Zone Inter University Volleyball Tournament held at Kannur University, Kerala.

Manju G. II M.S.W, Jeyalakshmi M. I M.S.W. Purnima R.I M.Com, Suganthi G. I M.Com, Thilagavathi V. II B.Com, Keerthana S. II B.Com participated in the Inter University Cricket Tournament at Bangalore University Bangalore.

Vidhya T. II B. Sc. Physics represented Thiruvalluvar University and participated in South Zone Inter University Foot Ball Tournament held at Annamalai University and was the member of the winning team.

Poojashree V. I B. Sc Mathematics participated in South Zone Inter University Shuttle Badminton Tournament held at Andra University, Andrapradesh.

Janani M. III B.Com, Francisa Mary I. I B. Sc. Physics, Parameswari V. I B.A. English 'C' represented Thiruvalluvar University and participated in the Inter University Basketball Tournament held at Anna University, Chennai.

Bharathi M. II B.A History participated in South Zone Inter University Hockey Tournament held at Annamalai University Chidambaram.

Lucksha Jenila A. III B.A. English 'A' Anusha R. I B.Com represented Thiruvalluvar University and participated in the Inter University Ball Badminton Tournament held at Dravidian University, Kuppam, Andra Pradesh.

All India Inter University Tournament:

Vidhaya T. II B.Sc. Physics participated in the All India Foot Ball Tournament held at Annamalai University and was a member of the winning team.

Deepika V. participated in the All India Athletic Meet held at Archana Nagarjuna University, Andhra Predesh.

Iswarya S. II B.B.A participated in the All India chess competitions held at Saveetha University, Chennai.

National Level Tournament:

Nandhini K. III B.B.A participated in National level T20 Cricket Tournament held at Vijayawada.

Manju G. II M.S.W participated in National one day Ranji Trophy and secured IV Place, National one day Ranji Trophy T20 Tournament held at Orissa and secured II Place, National under 23 Tournament held at Hyderabad and in the National T20 under 23 held at Vijayawada.

Our college Volley Ball, Basket Ball, Shuttle Badminton teams participated in the PEGASUS Tournament organized by Christian Medical College, Bagayam.

District Level Tournament:

Our College Shuttle Badminton, Hockey, Volley Ball, Basket Ball, Kho-Kho, Hand Ball and Athletic teams participated in the Dr. M.G.R. centenary Tournament organized by the Sports Development Authority of Tamil Nadu, hosted by our college and secured I Place in Shuttle Badminton, Hockey, Volley Ball and Basket Ball. In Athletics, I Place in 100mts and Shot Put and II Place in Long Jump. 290 students participated in the Marathon race organized by SDAT Vincy Vinola III B. Sc. Maths secured 9th place.

Chief Minister Trophy:

Our College Hockey, Foot Ball Basket Ball, and Athletic teams participated and were winners in Hockey, Basket Ball and in Athletics I Place in Triple Jump, II Place in 100Mts, Javelin Throw and Discus throw.

State Level Tournament:

Our College Shuttle Badminton and Hockey teams represented Vellore Region and participated in State level C.M. Trophy at Jamal Mohammed College, Trichy.

G. Manju II M.S.W, K. Nandhini III B.B.A and Thilagavathi II B.Com participated in the State Level League Tournament held at Chepauk Stadium, Chennai for the preparation of the National Cricket Tournament to be organized by All India Cricket Association.

Riviera Inter National Tournaments:

Organized by VIT University, Vellore, Manju G M.S.W. secured I Place in 400mts, 800mts, and Shotput, and received Rs. 3000 cash award, Monica Florence, secured II place in 100mts, 200mts, and 400mts and received a cash award Rs.2250/- .

Our College Basket Ball, Volley Ball, Shuttle Badminton Teams also participated andreached up to semifinals and the shuttle Badminton team secured III Place.

On behalf of the College I extend my sincere gratitude to the coaches Mr. Janardhanan, Mr. Ravi, Mr. Fredrick for Cricket, Mr. Bharathi Dhasan for Kabaddi, Mr. Gopi for Foot Ball, Mr. Vittal for Shuttle Badminton, Mr. Suresh for Basket Ball Mr. Mahesh and Mr. Vignesh for Hockey, Mr. Prasad for Volley Ball for their unique and honorary service to promote the spirit of sports in the campus.

My heartiest thanks to Rev. Sr. Amalapavam S. J. the Secretary of the College for the constant support towards promotion of sports and the maintenance of the ground.

My sincere thanks to our beloved Principal Rev.Dr. (Sr.) Regina Mary R. for her support for sports activities, encouragement offered in all my endeavors. I thank the Vice Principal of Shift I and Shift-II Dr. (Sr.) Jayashanthi and Dr. (Sr.) Sheila Susairaj who were ready to lend a helping hand in organizing the events, throughout the academic year, I thank all the Heads of the Departments and members of the faculties for encouraging the students to participate in sports.

I thank Mrs. Bindu, the Assistant Directress of Physical Education for her Assistance.

I am grateful to Mr. Nirmal, for his duty consciousness and for the readiness to work with a smiling face.

I am extremely grateful to the non-teaching staff, workers and the House staff for maintenance of the playground.

Most of all, I thank the Almighty, the Author of all good things for crowning our efforts with success and making the academic year a successful story of continuous progress and achievements in the field of sports and games.

Thank you.

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PRINCIPAL IM COLLEGE (Autonomous) Gandhi Nagar, Vellore - 632 006. Vellore District, Tamil Nadu.

















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66th Annual Sports Day



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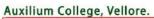
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